

BED 101 Childhood and growing up **Kinesthetic learning**

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Introduction:

The way in which each learner begins to concentrate, processes and retains new and complex information is called his learning style.

There are different ways by which people learn within the same class, culture , community and socio economic groups.

Knowing about your learning style helps you to :

- Be more productive
- Increase achievement
- Be more creative
- Improve problem solving attitude
- Learn more effectively

Classification of learning style:

1. Visual Learning style:

In this style of learning ,learner learns by seeing , watching demonstration.

2. Auditory Learning style:

In this type of learning ,learner learn through verbal instructions from others or self.

3. Kinesthetic learning style:

In this type of learning, learner learns by doing or direct involvement.

Visual
SEE IT



Auditory
HEAR IT



Kinesthetic
DO IT



Kinesthetic Learning :

➤ Characteristics of Kinesthetic learner:

- ❖ Learners who learn by feeling the things and use information in real life activities are called Kinesthetic learners.
- ❖ They prefer a hands on or doing approach to build understandings.
- ❖ They are most successful when they are engaged in hands on activity rather than sitting for hours in a classroom.
- ❖ These type of learners like to participate in science experiments ,drama,dance,and educational trips.

- ❖ They enjoy educational games or educational materials like blocks , flash cards.
- ❖ All children from KG to 5 yrs. are kinesthetic learners.
- ❖ Kids always take every toy in his mouth to feel it because they are interested to feel things.
- ❖ They remember best what was done ,not what was seen or talked about.

Implications of kinesthetic learning:

❖ **Development of mental ability:**

With kinesthetic style of learning ,children are engaged in positive social interaction , develop problem solving skills and can apply creativity through self expression.

❖ **Interactive teaching techniques:**

Because of kinesthetic learning ,education is now shifting to the idea of interactive teaching techniques.

❖ **Use of hands on teaching:**

This type of teaching becoming more popular as it addresses not only the needs of kinesthetic learners but also the needs of visual and auditory learners.

❖ **Increased comprehension :**

A concept can be understood better with physical activities. Such as Spelling challenges can be overcome by spelling dance where children can practice letter combination using bodily gestures and a hip music that will keep it more interesting to children.

❖ **Help students to create a connection between language and its concepts:**

A simple activity of mimicking an animal action or sound can also help them to establish associations between words , sounds and meanings.

❖ **Multi cultural activities:**

Learning ethnic dances from different cultures can help students appreciate the value of diverse cultures.

❖ **Support the development of cognitive skills:**

Sequencing ,following directions and other cognitive skills can be developed through the use of kinesthetic activities.

❖ **Development of social skills:**

When children get to mingle with the other children in group, it will help them to develop positive social interactions where they learn to communicate and cooperate. They also will learn the values of trust, discipline and persistence.

❖ Kinesthetic tools help us to improve learning style of any child because to learn about orange fruit, it is better to see orange fruit rather than to explain the qualities.

❖ Kinesthetic intelligence is especially important for surgeons, actresses, artists and athletes.